

EMOTIONAL VOCABULARY WORDS

Exploring emotional vocabulary words helps us become more familiar with their deeper meaning. Our increased familiarity gives the mind a more selective vocabulary to access in self-observation, as well as defining the dynamics of any given situation. Emotional vocabulary words help us define our feelings, emotional expressions, behavior, and the quality of our thoughts. The more time you spend increasing your emotional vocabulary, the better you will become at recognizing and naming exactly how you are feeling. See the list of vocabulary word activities to practice applying some of the words from the following list.

EMOTIONAL VOCABULARY WORDS

disgust	surprise	invasive	defamatory	torture
indecent	vulgar	perseverance	uncertainty	whimsical
alienate	resignation	contentment	threaten	covert
inescapable	albatross	despicable	burden	captivating
empowerment	overkill	standards	adaptability	guilt
vice	consideration	tameness	helpfulness	essence
sensibility	nurturing	harmfulness	virtue	calculated
stubbornness	outlook	effort	incentive	honesty
mischievous	self-esteem	fragility	rage	altruism
gullibility	attitude	diplomacy	kindness	refinement
wantonness	demeanor	priority	enterprise	tenacity
deliberation	improvement	credibility	empathy	resiliency
disrespect	promotion	meandering	mandate	collaboration
overreaction	selectivity	egocentrism	sensibility	confidence
interpretation	appreciation	caring	opinion	intellect
indifference	guidelines	leadership	intention	strictness
greediness	discipline	practicality	frustration	dishonesty
meaningfulness	sense	oversight	concern	malice
tolerant	redirection	manner	direction	fulfillment
self-centeredness	anxiety	adjustability	cooperation	discernment
objectivity	motivation	misjudgment	weariness	temperament
encouragement	atrocious	acceptance	harmony	slander
narrow mindedness	reciprocation	elation	gratitude	hate
purposefulness	resourcefulness	courage	resilience	pursuit
blamefulness	notion	temptation	conceit	enthusiasm
ingratitude	stimulation	requirement	loyalty	struggle
bizarreness	debate	devotion	negotiation	embitterment
susceptibility	congeniality	disappointment	fright	sadness
authority	conduct	craving	denial	embarrassment
hectic	cruelty	strained	cleverness	sarcasm
accountability	anticipation	patience	impatience	fairness
alertness	self-awareness	criticism	reaction	angry

emotion	mindful	urge	chronic	consequence
deficiency	complex	susceptibility	limitations	sociopath
stress	healthy	sensitivity	insensitivity	well-tempered
attraction	discomfort	aggression	judicious	watchful
measured judgment	cautious	ravenous	appreciative	smart
celebrative	sheepish	accomplished	boundary limits	discerning
confusion	humility	selfishness	impressionable	hurtful
unethical	shameful	poor memory	pacing	curiosity
poised	striving	self-discipline	regimen	self-control
critique	weakness	doubt	accepting	assumptive
exaggerative	compliment	dilly-dallying	excessive	cluttered
sharing	neglectful	intrepid	over extended	evaluative
validating	invalidating	proper	gesture	feelings
critical	belligerence	uncooperative	untimeliness	protective
destructive	frankness	improvement	affective	efficient
abruptness	aloof	welcoming	clarity	wholesome
excellence	worthwhile	precarious	beneficial	formulated
introvert	extrovert	civilized	adversity	vigilant
wisdom	ambivalent	random	magnificence	impacting
challenging	diversity	coping	malfunction	quirks
chemistry	reluctant	joyful	happiness	tendency
tolerance	back stabbing	hard	difficult	traumatic
idiotic	babbling	dispute	devoid	redemptive
faithful	wonderment	distorted	over rate	endanger
decisive	guarded	vigilant	justification	jeopardize
choices	oriented	consequences	sabotage	relief
honorable	rudeness	resourceful	intentional	performance
pathetic	stability	competent	powerful	activate
colorful	character	debatable	genuine	perceptive
comprehensive	guardianship	stewardship	elite	ordinary
intervention	willingness	decent	provocative	expectations
exacerbate	prestige	adjustments	circumvent	advance
incentive	frail	fraudulent	dictate	rewarding
sacrifice	rooted	style	influence	persistent
practical	cumbersome	marshall	triumph	mood
ambition	zest	appeal	dynamic	express
easy	humble	astute	skittish	collaborate
misery	reconcile	exuberance	scintillating	doubt
antisocial	cranky	tantrum	sly	buffering
tension	gracious	aggravate	ambiguity	apology
behave	hasty	shy	awkward	shocking

charisma	somber	complacent	dedicated	superfluous
flaws	nervous	frantic	optimistic	faculty
initiative	intelligent	responsible	commanding	precautious
obstacle	complexity	vulnerability	competency	approachable
relevance	strategic	productive	gauged	fortify
escalate	stabilizer	voluptuous	conscientious	commitment
alliance	intense	register	enhancement	vehement
victory	guidance	advise	combative	exertion
humorous	rigorous	analyze	idealistic	value
relative	accuracy	trivial	assessment	resolve
misconception	shame	confusion	disbelief	yell
inappropriate	trustworthy	insightful	passive	superficial
cheerful	mischievous	intuitive	undisciplined	insecure
vicissitude	vice	affliction	white knuckling	desperation
brunt	furious	supposedly	regimen	win
discernment	spiteful	wimpy	dominate	animosity
vain	impervious	offend	scorn	outrageous
insult	dynamo	indignity	humiliate	affront
painstaking	submissive	meek	freakish	hysterical
sentimental	demonstrative	gushy	expressive	contempt
ill concealed	nexus	mentor	corrupt	accolades
award	achievement	creativity	sympathy	devastate
stricken	sorrow	implicate	protest	fret
incriminate	mores	morose	rattled	trigger
estranged	ethical	thoughtless	belligerent	indecisive
laziness	prickly	bully	tease	emotional hypothermia