



I DO HEREBY RESOLVE to advance the

Emotional Intelligence Awareness Month

Campaign By sharing what I learn about emotional intelligence with other kids, I understand that I will be increasing their awareness about the helpful and harmful influence of emotions, which in turn, will help create a more peaceful world. I also resolve to complete the pages of the Emotional Intelligence Activities Book for Kids excerpt and apply what I learn to my thoughts and behaviors. As an active part of this pledge, I resolve to remind myself to do the following: Obey rules ☐ Think to apply my emotions wisely ☐ Listen well ☐ Remain honest with myself and others ■ Help others ☐ Keep myself and my room tidy ■ Be kind and generous to others ☐ Use a quiet voice □ Apply good manners ☐ Resolve conflicts calmly I understand that these types of behaviors contribute toward healthier mind development. Child sign here As my daughter's guardian, I will help guide her mind toward healthier development, both physically and emotionally.

I will set guidelines that help keep my daughter safe and help protect her from behavioral consequence and from danger.

(Blank lines in list are available for parents to add additional behavioral concerns.)

Parent(s) sign here