

# THE GOOD BEHAVIOR PLEDGE



I DO HEREBY RESOLVE to advance the

## **Emotional Intelligence Awareness Month** Campaign

By sharing what I learn about emotional intelligence with other kids, I understand that I will be increasing their awareness about the helpful and harmful influence of emotions, which in turn, will help create a more peaceful world. I also resolve to complete the pages of the *Emotional Intelligence Activities Book for Kids* excerpt and apply what I learn to my thoughts and behaviors. As an active part of this pledge, I resolve to remind myself to do the following:

- |   |   |
|---|---|
| <input type="checkbox"/> Obey rules         | <input type="checkbox"/> Think to apply my emotions wisely    |
| <input type="checkbox"/> Listen well        | <input type="checkbox"/> Remain honest with myself and others |
| <input type="checkbox"/> Help others        | <input type="checkbox"/> Keep myself and my room tidy         |
| <input type="checkbox"/> Use a quiet voice  | <input type="checkbox"/> Be kind and generous to others       |
| <input type="checkbox"/> Apply good manners | <input type="checkbox"/> Resolve conflicts calmly             |
| <input type="checkbox"/> _____              | <input type="checkbox"/> _____                                |

I understand that these types of behaviors contribute toward healthier mind development.

\_\_\_\_\_  
Child sign here

As my daughter's guardian, I will help guide her mind toward healthier development, both physically and emotionally. I will set guidelines that help keep my daughter safe and help protect her from behavioral consequence and from danger. (Blank lines in list are available for parents to add additional behavioral concerns.)

\_\_\_\_\_  
Parent(s) sign here