

The Emotional Intelligence Song

DIGITAL INTRODUCTION:

THERE'S A NEW KIND OF INTELLIGENCE NEEDED
SO THAT HISTORY STOPS GETTING REPEATED.

There's something we all need
For our lives to make sense.
It's called emotional intelligence.

You might hear it called EI or EQ.
What it means is emotional literacy
For me and for you.

Emotional intelligence develops the mind
and helps us makes sense of our feelings inside.
What a wonderful world it's going to be
with more and more emotional literacy.

Now peace has been sung about in many song.
Everyone wants that we all get along.
Yet finding a road map to get us all there
is going to take more than "I hope and I care"!

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DIGITAL

THERE'S A NEW KIND OF INTELLIGENCE NEEDED
SO THAT HISTORY STOPS GETTING REPEATED.

Managing feelings is what it's about
without stuffing them down or acting them out.

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and helps us makes sense of our feelings inside.
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with more and more emotional literacy.

Emotions can do a lot of harm
or create more harmony.
We can drown in our unchecked feelings
or we can learn a better way to be.

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We can build world harmony!

