

HOME DEPARTURE CHECK-LIST

This reminder list doesn't compare to an airline pilot's departure check-list, but nonetheless, it can reduce frustration and make being thorough a quick and easy process. The list includes over 50 common things we might consider before departing—whether going for a quick errand or a day trip. With so many items to consider, no wonder it is so easy to forget something!

By pausing for just a brief few seconds to review this check-list once earlier in the day and a second time just before leaving— it can reduce our chances of missing something important to do, take, or pick up while we are out. Nonetheless, to make this check-list all-inclusive for anyone's life was impossible. Extra blank space allows room for your own unique reminders.

Things to Consider

Items To Take Along	Do Before Leaving	Go to While Out
☐ Shopping/supplies list	☐ Adjust house temperature	☐ Fuel: Avoid cell phone at pump!
☐ Measurements, quantities list	☐ Eye contacts in/glasses on	☐ Car wash
☐ Coupons/gift card	☐ Befitting clothes/jewelry	☐ Post office: mail, stamps
☐ Destination: names, phone #'s, addresses, map, items to share	☐ Female: make-up, lotion, nails, pads, tweezers	☐ Dry cleaner, bank, office supply, _____
☐ List of where going-in order	☐ Fe/male: shave, deodorant	☐ Groceries, household items
☐ Cell phone: charger	☐ Restroom stop	☐ Where else need/want to go?
☐ Keys: Possibly 2 sets	☐ Careful look around	☐ Visit friend s, family, _____
☐ Things of interest to share: photos, articles, gifts, books	☐ Electrical unplugged/off: stove, computer, iron, etc.	☐ Quick stops
☐ Coat/hat/umbrella	☐ Windows closed	☐ Practice Keen Alert Driving!
☐ Money/credit cards/coins	☐ Perishable food put away	☐
☐ Sun glasses/lotion/mints	☐ What else tum down/off?	☐
☐ Brief case/organizer/laptop	☐ If visiting others: review what's going on in their lives, health, names, etc.	☐
☐ Computer back ups/batteries	☐ Reset vehicle trip mileage	☐
☐ Other work related items	☐ Double check directions	☐
☐ Fanny pack/wallet/purse	☐ Doors/ garage closed/locked	☐
☐ Tennis shoes/other shoes	☐	☐
☐ Paper/pen/pad/business cards	☐	☐
☐ Medicines/vitamins	☐	☐
☐ Bottled water/drinks/food	☐	☐
☐ Gym bag: change of clothes	☐	☐
☐	☐	☐
☐	☐	☐

Other Reminders: _____