

# EMOTIONAL INTELLIGENCE AWARENESS MONTH



**KID'S DEFINITION OF TEMPTATION:**  
What kids know to avoid; yet find difficult to resist.

**WORD OF THE YEAR:  
TEMPTATION**

How kids learn to respond to *temptations* can make a big difference throughout their lives. While we aren't inherently resistant to *temptations*, early life experiences can either help build resistance or amplify the power of *temptations*.



Kids face numerous *temptations*, from breaking rules and being disobedient to feeling jealous and overreacting. As kids grow, they need to learn the basics of right and wrong, and navigate various do's and don'ts. Early education about *temptations* is far more advantageous than punishment and other consequences.

With innovative guidance, kids can become more emotionally intelligent in handling *temptations* and other emotional triggers that might otherwise disrupt their daily lives. Kids CAN indeed develop the power to resist *temptations* more frequently with the right training.

During EI Awareness Month 2024, the Emotional Intelligence Institute, [e-ii.org](http://e-ii.org), is providing a number of step-by-step activities to help improve youth and adults' resistance to *temptations*. The Institute also offers one of the most innovative and enlightening EI adult programs for improving emotional literacy on the Internet, and it is FREE. We also offer an inexpensive Emotional Intelligence Activity Book for Kids that provides over 100 vital emotional lessons.



## October 2024

The Emotional Intelligence Institute offers the most comprehensive EI program for improving thoughts, emotions, and behavior on the Internet, and it is FREE.