EMOTIONAL INTELLIGENCE AWARENESS MONTH

KID'S DEFINITION OF TEMPTATION: What kids know to avoid; yet find difficult to resist.

WORD OF THE YEAR: TEMPTATION



How kids learn to respond to temptations can make a big difference throughout their lives. While we aren't inherently resistant to temptations, early life experiences can either help build resistance or amplify the power of temptations.

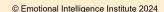
Kids face numerous temptations, from breaking rules and being disobedient to feeling jealous and overreacting. As kids grow, they need to learn the basics of right and wrong, and navigate various do's and don'ts. Early education about temptations is far more advantageous than punishment and other consequences.

With innovative guidance, kids can become more emotionally intelligent in handling temptations and other emotional triggers that might otherwise disrupt their daily lives. Kids CAN indeed develop the power to resist temptations more frequentally with the right training.

During El Awareness Month 2024, the Emotional Intelligence Institute, e-ii.org, is providing a number of step-by-step activities to help improve youth and adults' resistance to temptations. The Institute also offers one of the most innovative and enlightening El adult programs for improving emotional literacy on the Internet, and it is FREE. We also offer an inexpensive Emotional Intelligence Activity Book for Kids that provides over 100 vital emotional lessons.

October 2024

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TEMPTATION