



Behavioral Word Study

Respect

RESPECT is a rather complex, yet important word for in-depth study. It is a vital ingredient of any relationship and a major contributor in civilized societies. RESPECT is defined as a sense of worth or esteem due to a particular value, quality, or ability that creates a positive feeling, concern, or tolerance. Yet what is worthy of RESPECT can sometimes be debatable or hastily concluded. A better understanding of RESPECT helps build trust, safety, and congeniality, as well as improve our emotional well-being.

Be sure to review and discuss the categories listed below, as well as brainstorm other factors to include on the blank lines. Think about those whom you RESPECT and others who you find difficult to RESPECT. To test your understanding after completing this activity, fill in a Blank Word Study.

Ways We Earn Respect

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|---|---|---|--|
| ☐ Special effort | ☐ Healthy stewardship | ☐ Awards/honors | ☐ Quality leadership |
| ☐ Knowledge/ wisdom | ☐ Talent/admiration | ☐ Challenges accept | ☐ Accomplishments |
| ☐ Appreciation | ☐ Generosity/values | ☐ Helping others | ☐ Professional dignity |
| ☐ Fairness/honesty | ☐ Style/neatness | ☐ Tolerance | ☐ Honorable values |
| ☐ _____ | ☐ _____ | ☐ _____ | ☐ _____ |
| ☐ _____ | ☐ _____ | ☐ _____ | ☐ _____ |

How We Learn to Respect

- | | |
|--|--|
| ☐ Others' influence | ☐ Studying the subject |
| ☐ Respectful treatment | ☐ Group beliefs |
| ☐ Humility | ☐ Cultural influence |
| ☐ Public respect | ☐ Unjustified respect |
| ☐ _____ | ☐ _____ |
| ☐ _____ | ☐ _____ |

How We Learn to Disrespect

- | | |
|--|---|
| ☐ Others' influence | ☐ Lacking understanding |
| ☐ Public disrespect | ☐ Disrespectful treatment |
| ☐ Rebelliousness | ☐ Poor treatment |
| ☐ Cultural influence | ☐ Unjustified disrespect |
| ☐ _____ | ☐ _____ |
| ☐ _____ | ☐ _____ |

Why Encourage Respect

- | | |
|--|---|
| ☐ Builds strong ethics | ☐ Exhibits objectivity |
| ☐ Increases harmony | ☐ Dignifies efforts |
| ☐ Reduces disrespect | ☐ Ethnic/racial tolerance |
| ☐ Enhances civility | ☐ Increases objectivity |
| ☐ _____ | ☐ _____ |
| ☐ _____ | ☐ _____ |

What Causes Disrespect

- | | |
|---|---|
| ☐ Low ethical education | ☐ Narrow mindedness |
| ☐ Disgruntled behavior | ☐ Questionable behavior |
| ☐ Criminal behavior | ☐ Ethnic/racial bias |
| ☐ Greed/dishonesty | ☐ Political injustice |
| ☐ _____ | ☐ _____ |
| ☐ _____ | ☐ _____ |