

CROSSWORD PUZZLE

DISCRETION

Discretion is like a compass in the mind, guiding us toward healthier mind development. It is a mindful filter—a conscious choice to consider the impact of our thoughts, words, and actions before we speak or behave in ways that might be inappropriate or harmful. Philosophically, discretion is rooted in ethical sensitivity. It's the mental discipline that says, "I care enough to pause, reflect, and choose wisely."

Our ability to use discretion is shaped by how well we understand emotions and recognize responsible behavior. While discretion and indifference aren't exact opposites in a dictionary sense, they stand in philosophical contrast—one rooted in awareness and care, the other in detachment and neglect. This puzzle reviews a number of ways we can apply discretion and prevent major problems.

Instructions: Fill in the squares using the word list below. Begin by positioning the word with 5 letters in the 5 rows of squares, and then work your way from there. Also, place a check-mark in the box next to each word listed as you find its place in the puzzle to know which ones are left to be placed. It's best to use a pencil, so that you can easily change errors. As you think about each word you are searching to place, also consider their value in healthy mind development.

WORD LIST

- ☐ ALERT
- ☐ CAUTIOUS
- ☐ DELIBERATE
- ☐ DIPLOMATIC
- ☐ DELIBERATE
- ☐ FRUGAL
- ☐ HONORABLE
- ☐ OBSERVANT
- ☐ PRUDENT
- ☐ RESOURCEFUL
- ☐ SENSITIVE
- ☐ STRATEGIC
- ☐ TACTFUL
- ☐ THOROUGH
- ☐ THOUGHTFUL
- ☐ TRUTHFUL
- ☐ VIGILANT
- ☐ WISE

