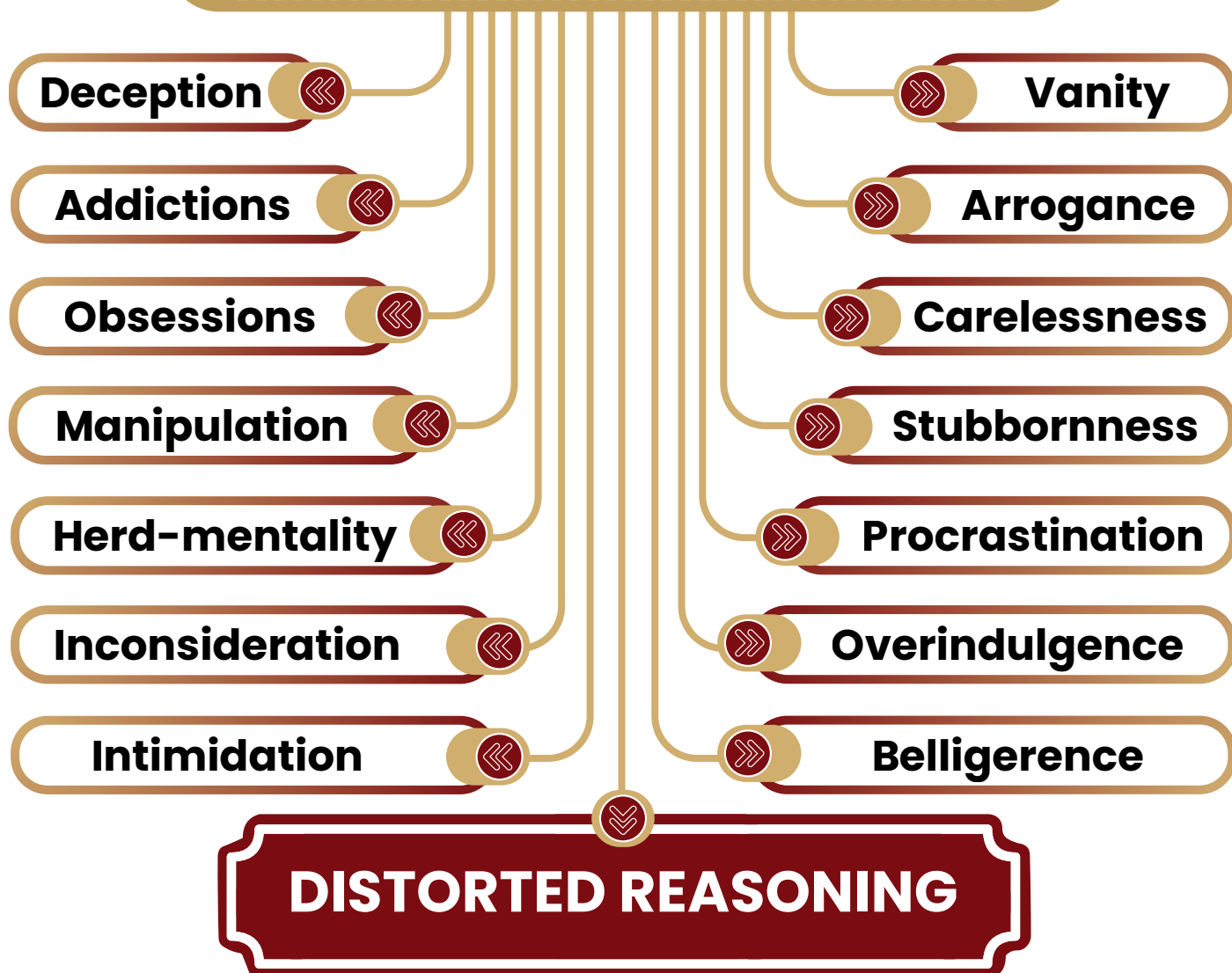




EMOTIONALLY DAMAGING BEHAVIORS

THAT CAN BE CAUSED BY INDIFFERENCE



This chart illustrates a few emotionally damaging behaviors that may arise from indifference. These patterns can obstruct emotional growth, strain relationships, and lead to harmful outcomes.

The inherent tendency toward indifference, regarding learning and effort, is a significant barrier to both emotional and intellectual development. It can lead individuals to exceed healthy boundaries, resulting in the neglect of valuable knowledge and practices that facilitate emotional growth.

Many of us have lacked adequate awareness of how indifference influences our mental processes, including our instinctual impulses and susceptibility to temptation. We need to remain mindful that it's easy for our minds to let indifference take precedence over better judgment.