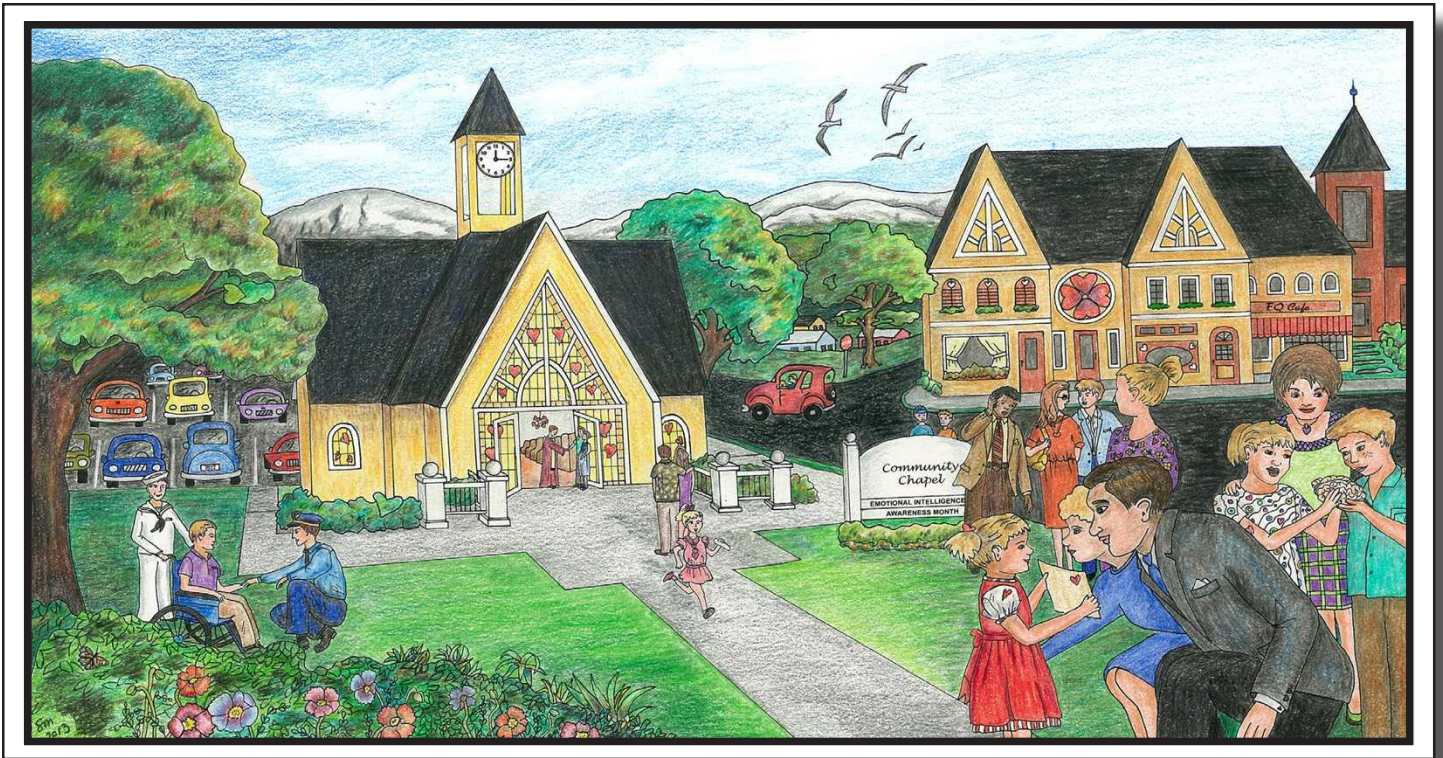


# Emotional Intelligence Awareness Month



\*Search for picture's hidden hearts. Find the count at [e-ii.org](http://e-ii.org).

## SPIRITUAL COMMUNITIES CAN HELP IMPROVE OUR EQ

*At their best, they already contribute toward peace and harmony in society.*

Each year since 2006, the Emotional Intelligence (EI) Awareness flyer has illustrated a particular theme related to EI. This year we chose to imagine the contributions that spiritual communities could provide toward our emotional development with more EQ awareness. Many of the world's religious organizations have different perspectives, yet one commonality is their influence on people's EI. EQ understanding can complement spiritual development. With more awareness, ministries are in a position to use EI educational tools for improving social and behavioral outcomes in societies around the world.

With the compassion of parishioners, religious organizations have already contributed toward more civilized and fair-minded societies. They own hospitals and nursing homes, provide chaplains in the military, and encourage volunteers to help the poor and others who are enduring terrible suffering.

We may never understand the mysteries of God, but we can learn to better understand the mysteries of our own minds. In the 5th Century AD, Saint Augustine candidly wrote, "Men go abroad to wonder at the heights of mountains, at the huge waves of the sea, at the long courses of the rivers, at the vast compass of the ocean, at the circular motions of the stars, and they pass by themselves without wondering" —a true testament to NASA's amazing exploratory photography by the Hubble telescope, and landing a Rover on Mars. Fortunately, as well, during the past 30 years, behavioral and neurological scientists have discovered more about our minds than in all previous history.

EI Awareness Month is an international campaign effort directed by the Emotional Intelligence Institute (EII), a non-profit organization that is dedicated to helping people improve their emotional intelligence. To learn more, search for emotional intelligence on the Internet, at your local library, book store, or for FREE lessons, visit EII at [www.e-ii.org](http://www.e-ii.org).

# October 2013

Please help others become more aware. Copy and share this with those in "key positions" and post where legal.