

Emotional Intelligence Awareness Month



*Search for picture's hidden hearts. Find the count at e-ii.org.

DIGGING INTO BETTER UNDERSTANDING OURSELVES

Provides a multitude of discoveries that make life more meaningful and less stressful.

There is incredible value in better understanding how to apply our minds more wisely and reducing our own dysfunctional behavior. When we consider that such knowledge may be the greatest treasure we can hope to find in our lives, we may be more apt to pursue such studies. The more we learn about emotional intelligence, the more we enhance our emotional stability, security, physical health, overall intelligence, as well as our ability to treat other people and things in healthier, more meaningful ways.

Our efforts to understand the human mind are rich in discoveries that can make our lives more meaningful and far less stressful. With healthy behavior being the number one factor that leads us to a more civilized society, developing better understanding about our emotions can be one of our greatest contributions toward a more emotionally stable world.

Today behavioral scientists are aware of many wonders of the human mind. Hopefully, by the end of this century, authors will be writing of the incredible revolutionary accomplishments of research as we continue to better understand the human mind. EI Awareness Month is an international campaign effort directed by the Emotional Intelligence Institute, a non-profit organization dedicated to helping people learn more about the many wonders of the mind and improve their emotional intelligence. For FREE lessons, visit us at www.e-ii.org.

October 2014

International Decade of the Mind 2012 - 2022

Please help others become more aware. Copy and share this with those in "key positions" and post where legal.