TOO LITTLE KNOWLEDGE ABOUT SELF-DECEPTION

Allows for kid's feelings to often make mistakes.

WIZARD WISDOM - Teaching kids about the ways that feelings make mistakes is knowledge that is important for them to know for growing healthier minds. With age appropriate direction, kids can learn to be less gullible to self-deception. It is defined as allowing or convincing ourselves to believe something that is not true, or to lie without even questioning whether it is the truth. Please spend time reviewing the self-deception lists on the next page with kids as it provides several examples that should help them better understand, watch out for, and avoid self-deception.

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